

PRE-ORDER UW-STOUT GYMNASTICS CAMP APPAREL

Leotard - \$44 (circle one) - Optional

**Leotard pre-order deadline is April 15th.*

Youth: S M L

Adult: XS S M L



T-shirt - \$12 (circle one) - Optional

Youth: S M L

Adult: XS S M L



Care Package - \$29 (circle one) - Optional

**Pre-order deadline is April 15th.*

Yes No

This year we will be offering a mid-week care package. These will be delivered to their dorms. Inside they will find a personalized letter from you, the parent, snacks, a UW-Stout pop socket, and more!

CAMP DATES & RATES

*Please note: This is not a registration form. Registration must be completed online at:
gymnastics.uwstoutsportscamp.com

Week 1 (June 15 - June 19)

Resident (\$529)

Commuter (\$415)

Week 2 (June 22 - June 26)

Resident (\$529)

Commuter (\$415)

LOCATION & DIRECTIONS

The University of Wisconsin-Stout is located just off of I-94 in Menomonie, Wisconsin. It is about 60 miles east of Minneapolis/St. Paul. Overnight campers will stay in one of the dorm rooms in our UW-Stout residence halls. These halls have a secured entrance that is monitored around the clock. Two campers will be assigned to a room. Roommate requests will be accommodated to the best of our abilities. All campers will stay on the same floor as their counselors. Meals are provided on campus in the Merle Price Commons.

FLIPS & FUN - 2020 -

UW-STOUT GYMNASTICS CAMP

JUNE 15-19TH
JUNE 22-26TH

CONTACT US

Sports & Fitness Center Johnson Fieldhouse
220 13th Ave E Menomonie, WI 54751

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Cell: 715-220-0633

Priority registration should be filled out and sent in by April 1, 2020. Camp has filled to capacity with a waiting list in past years, so **get your registration in early!** The resident camp fee covers our dorm rooms, top notch instruction, and meals. The commuter fee includes lunch and top notch instruction. Refunds must be requested in writing **before June 1, 2020**. A \$50.00 processing fee will still be applied. There will be no refunds after June 1, 2020.



CAMP DIRECTOR



Becky Beaulieu

It has been fifteen years since Beaulieu has taken over as head coach for the Blue Devils. She has 22+ years of coaching experience. She is a former NCGA National Champion and 7-time collegiate All-American! She has coached 7 NCGA National Champions. Beaulieu also worked as a Guest Clinician at Lake Owen Camp and Flip Fest Camp in Tennessee.

Get ready for a week filled with fun and top notch coaching this summer at UW-Stout Gymnastics Camp! Train with the 2019 WIAC Conference Champions and NCGA Team runner-ups! We are inviting gymnasts ages 6-18, of all ability levels, from those who have had no prior experience to Level 10 gymnasts. Campers must be at least 7 years of age to be an overnight camper. Come join the fun!

JOIN THE FUN



PREVIOUS STAFF & CLINICIANS

- Seth Helland** - UW-Stout Asst. Coach, Former Brainerd High School Coach, Legacy Gymnastics and IGM Coach, Twin City Twisters Optionals
- Mike Hunger** - Owner of Twin City Twisters, USA Gymnastics coach of the year
- Rich Stenger** - Assoc. Head Coach at the Univ. of Minnesota
- Geralen Stack-Eaton** - Asst. Coach at the Univ. of Minnesota, NCAA champion on Floor and Beam
- Nadalie Walsh** - Head Coach at the Univ. of Illinois
- Sarah Shire** - Head Coach at Penn State, Former Asst. Coach at the Univ. of Michigan
- Jeff Richards** - Asst. Coach at Southern Utah, Former Asst. Coach at Penn State
- Jeremy Manthey** - UW-Oshkosh Asst. Coach, Former Asst. Coach & Camp Director at UW-Stout, Former Flip Fest director
- Peterson Pierre** - Co-Head Coach at J&R Gymnastics, Former Asst. Coach at UW-Whitewater, Former Asst. Coach at Utah State
- Andi Dolinsky** - Asst. Coach at Airforce
- Louie Johnson** - Former Asst. Coach at Univ. of Minnesota
- Caleb Phillips** - Asst. Coach at the Univ. of Washington, Former Asst. Coach at Univ. of Iowa
- Eduardo Ovalle** - Former Head Coach at MIT
- Julie Castellano** - Former Coach at Roseville High School
- Brittney Emmons** - Asst. Coach at William & Mary
- Doug & Beth Bucholtz** - Coach at Flipstar Gymnastics Club
- Nicole Whitaker** - Dance Instructor and Professional Dancer in Step Up 3D Motion Picture
- Jonny Cann** - Professional dancer from Connecticut



Schedule

<i>Monday</i>	Check in at Gym & Dorms	10:00-11:30
	Get settled in room, Grab lunch, Head to Gym	11:30-12:30
	Afternoon Workout, Skill Check, Groups, Goals	12:30-5:30
	Dinner	5:30-6:00
	Evening Activity	6:30-8:00
	Floor Meeting with Counselor	8:15
<i>Tuesday/ Thursday</i>	Breakfast & Head to Gym	8:00-9:00
	Morning Workout	9:00-12:00
	Lunch Break	12:00-1:30
	Afternoon Workout	1:30-4:15
	Open Gym	4:15-5:00
	Dinner	5:00-6:00
<i>Wednesday</i>	Breakfast & Head to Gym	8:00-9:00
	Morning Workout	9:00-12:00
	Lunch	12:00-1:00
	Optional Open Gym	1:00-2:00
	Head to Wakanda Waterpark	2:00-5:00
	Dinner	5:15-6:00
<i>Friday</i>	Evening Activity	7:00-8:00
	Breakfast & Head to Gym	8:00-9:00
	Show - Blue Devil Day	9:00-11:15
	Check Out of Dorms	11:30
	(Pack up, and Head Home)	

(A detailed schedule will be given to each camper upon arrival. Above is a tentative schedule.)

REGISTER NOW

gymnastics.uwstoutsportscamps.com

FACILITY AND EQUIPMENT

UW-Stout Gymnastics Camp is held on the University of Wisconsin-Stout campus located in Menomonie, WI. Training will be in the Sports and Fitness Center. This is a well-equipped facility with all AAI Elite Equipment and mats that meet NCAA standards.

- > 2 Uneven Bars
- > Floor Exercise
- > 8 Resi Pits
- > Single Bar
- > 8 Beams
- > 2 Vaults into Resi Pit
- > Channel Bar
- > All 20 cm Mats
- > Tumble Strip into Resi Pit
- > Pit Bar
- > Trampoline
- > Tumble Trak into Resi Pit

